Office of Parent Services and Student Support

STUDENT RESOURCE GUIDE



Nedra L. Bradley, MBA

Executive Director 601.484.8674 parents@meridiancc.edu

Meridian Community College is dedicated to helping students succeed in their academic venture by supporting their mental, physical, and emotional well-being. In order to help students navigate difficult situations which might arise, MCC offers support services. Occasionally, in addition to the services available on campus, students are referred to local community agencies that may be able to provide further assistance. This list is not exhaustive, but we hope to offer students information as well as a starting point to find help when needed.

Support Services at MCC

Accessibility Services

For nearly 15 years, MCC has been providing Accessibility Services, which shows our dedication and support for students with documented disabilities. Our college and staff are dedicated to assisting each student to achieve their educational goals by making the college's facilities and programs accessible for all people.

Consistent with the mandates of Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act of 1990, Meridian Community College is committed to providing individuals with disabilities equal opportunity to participate in and benefit from its educational programs and services. Support Services has been designated to coordinate the College's efforts to comply with and carry out its responsibilities under these laws.

• Extended Time

Services Provided:

- Enlarged Print Material
- Individual Testing Readers
- Study Skills



Contact Information:

Ashley Garrett, CTE Support Services Coordinator ashley.garrett@meridiancc.edu | 601.484.8777

Support Services for Students

The office of Support Services helps provide equal access to recruitment, enrollment and placement activities, the full range of educational programs available, as well as comprehensive career guidance and counseling services to individuals belonging to these groups. It is our effort that no one shall be discriminated against on the basis of his/her status as a member of a special population.

Our office strives to encourage independence, to assist students in realizing their academic potential and to facilitate the elimination of physical, programmatic and attitudinal barriers.

Services for single parents and displaced homemakers include counseling, advocacy support, community referrals and networking with agencies. Some students may qualify to participate in a book loan service.

Students are considered part of a special population if:

- They are economically disadvantaged
- They are educationally disadvantaged
- They are a displaced homemaker
- They are a single parent
- They are preparing for non-traditional training and employment

Self-identification is voluntary. However, the Support Services Office can be of service to students only to the extent that their individual needs are made known. Students and prospective students are encouraged to make early contact with the Support Services Office.

Services Provided:

- Open Food Pantry
- Grants for School (Limited)
- Book Loan Program
- Counseling Referral



Contact Information:

Lashundra Grady, Support Services Coordinator lgrady3@meridiancc.edu | 601.484.8836

Medical and Mental Health

MCC partners with Weems Community Mental Health Center and Psychology Associates to offer student counseling services. Full-time students receive up to six visits per year at Weems and four at Psychology Associates. To schedule, call the agency and bring your MCC ID and course schedule. Weems also offers after-hours emergency consultations. All sessions are confidential.

Psychology Associates

(Up to 4 visits) Contracted through MCC.

Psychology Associates offer professional and caring counseling services for families, seniors, couples, children, and individuals from all walks of life. Whether you or a member of your family needs help to deal with issues such as depression, anger management, domestic violence, posttraumatic stress disorder, ADHD or ADD, they can help.

Their counselors work diligently to provide a warm, inviting atmosphere and an attentive ear. They offer services for children, families, individuals, and couples.

Services Include:

- Psycho Therapy
- Family and Marriage Therapy
- ADHD Evaluation and Testing
- Medication Management
- Cognitive Behavior Therapy



Contact Information:

5004 Highway 39 North | Meridian, MS 39301 601.693.8307 | psychologyassociatesllc.com

Weems Community Mental Health Center (Up to 6 visits) Contracted through MCC.

Established in 1970, Weems Community Mental Health Center has offices in each of the nine counties that make up Region Ten of the Mississippi Community Mental Health System.

Counties served by Weems include:

Clarke, Jasper, Kemper, Lauderdale, Leake, Neshoba, Newton, Scott and Smith. Weems is a non-profit organization that is a non-political subdivision of the State of Mississippi.

Services Provided:

- Parent Education Services
- Mobile Crisis Response Team
- Adult Services
- Children and Youth Services
- Drug and Alcohol Abuse Treatment
- Employee Assistance Program
- Prevention Service
- Supported Employee Program
- Community Services
- Crisis Stability Unit



Contact Information:

1415 College Drive | Meridian, MS 39307 Local: 601.483.4821 | Toll-Free: 800.803.0245

Timely Care

Whether students require medical care or mental health support, TimelyCare offers on-demand access and scheduled appointments with a diverse network of carefully selected providers.

Their comprehensive solution delivers services from culturally responsive providers who reflect our diverse campus community, as well as self-guided and peer community resources you can use anytime, anywhere.

Services Provided:

- TalkNow
- Scheduled Counseling
- Psychiatry
- Care Navigation
- Digital Self-Care Content



- Peer Community
- MedicalNow
- Scheduled Medical Care
- Health Coaching
- Faculty and Staff Support Guidance Line
- Basic Needs Support
- Student Success Coaching
- CrisisNow

Comprehnsive Care LLC, Behavioral Health

Comprehensive Care Behavioral Health offers services and interventions to organizations, groups, families, and individuals who suffer from mental and behavior health disorders. Services are provided to children beginning from age five through adolescence, as well as services for adults and the elderly. These services are provided under professional supervision and clinical expertise.



Contact Information:

1054 Highway 19 South | Meridian, MS 39301 contact@comprehensivecarellc.org Phone: 601.531.3200 | Fax: 601.531.3107

Positive Energy Counseling Services, LLC

Positive Energy Counseling Services, LLC provides professional, supportive, and compassionate services for individuals, couples. and families. Stress, anxiety, and relationship challenges can significantly disrupt your everyday life. Through the use of evidence based clinical best practices, we can help you to develop the strength to feel better and live better.

We offer personalized mental wellness counseling and therapy services that empower individuals to recognize and develop the skills to overcome life's challenges.



Contact Information:

9056B Collinsville Road | Collinsville, MS 39325 601.462.7906

The SPOT (Special Place for Others to Thrive)

Special Place for Others to Thrive is an organization to bring together the fragmented community of special needs families through partnership with local churches, businesses and other local organizations. Their mission is to create a safe place for families to connect, serve and grow in their community.

The ultimate goal of The SPOT is to create a sustainable, reliable community for special needs families and to provide families with information on local, state, and national resources, so they can spend more time connecting with their loved ones and less time researching.



Contact Information:

4820A Poplar Springs Drive | Meridian, MS 39305 info@thespotfamily.com | 601.207.0680

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Behavioral Solutions of Mississippi

Behavioral Solutions of Mississippi is dedicated to empowering families through education, support, and evidence-based behavioral strategies. The organization focuses on helping children with developmental disabilities reach their full potential by promoting positive change in the home, school, and community settings.

Founded by a passionate educator and board-certified behavior analyst, Behavioral Solutions of Mississippi was established with a deep understanding of the unique challenges that families face. The organization's approach is grounded in compassion, collaboration, and a strong belief in the effectiveness of positive behavioral supports.

Committed to equipping families with the tools and skills necessary to foster lasting, meaningful change, Behavioral Solutions of Mississippi operates under the guiding principle: "Be the change you wish to see." With this vision, the organization strives to be a trusted partner in each child's journey-recognizing that every family deserves support and every child deserves the opportunity to thrive.



Contact Information:

107 Adams Street | Newton, MS 39345 601.401.2700 | hello@bxsom.com

Embrace Counseling Center

Embrace Counseling Center provides a safe, judgment-free environment to ensure that all clients are comfortable in sharing the issues that they are facing. Our job as therapists is to guide you in your thoughts, feelings, and emotions; to aid you in becoming more self-aware and ultimately, alleviate symptoms that are causing you pain and suffering.

Services Provided:

- Family/Marital Therapy
- Mindfulness-Based Cognitive Therapy (MBCT)
- Psychotherapy
- Trauma Focused
- Dialectical (DBT)
- Acceptance and Commitment (ACT)
- Art Therapy
- Child-Parent Psychotherapy (CPP)
- Cognitive Processing Therapy (CPT)
- Family Systems
- Gestalt Therapy
- Interpersonal
- Cognitive Behavioral Therapy (CBT)
- Motivational Interviewing
- Neuropsychological Testing



Contact Information:

4905 Poplar Springs Drive, Suite B | Meridian, MS 39305 601.453.2824

Alliance Health Center

Alliance Health Center is a 154-bed psychiatric and substance abuse hospital offering treatment for adolescents, adults and senior adults. They also house the Crossings, a 60bed residential treatment facility for adolescents. They are dedicated to serving individuals with acute mental and behavioral health disorders and substance abuse issues.

Services Provided:

- In-Patient Services
 - Adolescent Psychiatric
 - Adult Psychiatric
 - Senior Adult Unit
 - Medical Detox
 - Dual Diagnosis
- Outpatient Substance Abuse Services
 - New Leaf Recovery is Alliance Health Center's selection of outpatient services for adults who struggle with substance abuse. These programs are designed for patients age 18 and older who may benefit from substance abuse treatment, but do not require the 24-hour intensive care of an inpatient program.
 - Outpatient substance abuse services are offered at three levels of care to accommodate the treatment needs and schedule availability of each patient.
- Residential Treatment Center
 - The Crossings at Alliance Health Center is a fully operational residential treatment center that provides treatment for adolescent boys age 12 to 17 who have a conduct disorder or have committed a sexual offense. It offers gender-specific programs in which patients attend a minimum of three group therapy sessions a week and individual therapy once a week. This includes substance abuse groups, process groups, physical and sexual abuse groups and recreational activities.
 - They have two units for their conduct disorder program and one for their sexually aggressive program. Therapists are located in each of the Crossing's three units, and nursing staff are onsite 24 hours a day. While in our care, these patients attend classes for seven hours a day at the Crossroads, their fully accredited school. GED preparation and special education courses are also offered.
- Educational Services for Adolescents
 - The Crossroads School at Alliance Health Center offers adolescent patients educational services from certified teachers and other qualified staff members. They assess each patient's educational needs and provide learning opportunities, when clinically appropriate, to enable each student to stay on track with schoolwork and remediate specific academic deficiencies. The department staff maintains close communication with the patient's home school and strives to continue the course work through their stay at Alliance.



Contact Information:

5000 Highway 39 North | Meridian, MS 39301 Local: 601.483.6211 | Toll-Free: 877.853.3094



The Free Clinic of Meridian

The Free Clinic of Meridian provides free medical care for more than 1,000 of their neighbors who have no health insurance, are ineligible for Medicare or Medicaid, and earn less than 200% of the Federal Poverty Level.

Services Provided:

- Primary care for uninsured adults
- Mental health counseling
- Limited laboratory and radiology testing
- Prescription medications (no controlled drugs)
- Health education counseling



Contact Information:

4707 Poplar Springs Drive | Meridian, MS 39305 601.286.5551 | freeclinicofmeridian@gmail.com

Central Mississippi Family Medical Clinic

Central Mississippi Family Health Clinic is a federal government qualified health center. Some free or low-cost medical care may be offered. Students can contact the clinic to see what may be offered and payments that may be accepted. A sister type center is the East Mississippi Medical Clinic.

Services Offered:

Medical Care



Contact Information:

905-C South Frontage Road | Meridian, MS 39301 **601.486.4210** | **601.485.7777** (East MS. Medical Clinic)

Lauderdale County Health Department

The Lauderdale County Health Department provides health protection, health promotion, and health planning. Some services require an appointment, but walk-ins are accepted on a limited basis.

Services Provided:

- Disease Surveillance
 - Disease tracking and outbreak management
 - Laboratory testing for West Nile virus, flu, syphilis, TB, HIV, and other diseases
 - Prevention programs for flu, mosquito-borne diseases, HIV, and other STDs, and communicable diseases

- Statewide coordination of immunizations and vaccinations
- Disease and Injury Prevention
 - Tobacco control and cessation programs
 - Nutritional training and information
 - Chronic disease prevention and management (arthritis, diabetes, asthma, heart disease, high blood pressure, cancer, and other diseases)
 - Safe biking and walking in communities
 - Car seat safety and installation
- Fire safety
- Standards of Care
 - Child care facility licensing and regulation
 - · Licensing and regulation of nursing homes, assisted living, hospitals, and other healthcare facilities
 - Trauma care regulation
 - Licensure of audiologists, occupational therapists, speech-language pathologists, dietitians, and other professions
- Immunizations
 - Required and recommended childhood immunizations
 - Meningococcal and HPV vaccinations for adolescents
 - Seasonal flu vaccinations for all ages
 - Recommended vaccinations for international travel
- Comprehensive Reproductive Health
 - Educational information and counseling
- Physical exams and contraceptive supplies
- STD/HIV testing
- Pregnancy care
- Women, Infants, and Children (WIC)
 - New and improved monthly supplemental food packages
 - Nutrition education classes
 - Breastfeeding support
 - Health care referrals



Contact Information:

5224 Valley Street | Meridian, MS 39304 601.693.2451 | msdh.ms.gov

Meridian WIC Center

3701 Eighth Street | Meridian, MS 39307 601.693.5507

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Greater Meridian Health Clinic

The Greater Meridian Health Clinic provides an assortment of primary medical care and professional services that fall within the scope of their service. The clinic wants to make sure that your medical needs are met at an affordable price.

Services Provided:

- Adult Medicine
 - Diabetic Education
 - Immunizations
 - Social Services
 - Obstetrics & Gynecology
 - Family Planning
 - Annual Exams
- Pediatrics
 - Immunizations
 - EPSDT Screening
 - Well Care Visits
- Obstetrics & Gynecology
 - Prenatal Care
- Dental
 - Preventive
 - Restorative
 - Screenings
 - Annual Exams
- Women, Infants & Children (WIC)
- Nutritional Assessment
- Medical/Dental Referrals
- WIC Food Package Distribution Center
- Pharmacy
 - Prescriptions filled on site if written by a Greater Meridian Health Clinic, Inc. provider.



2701 Davis Street | Meridian, MS 39301 | **601.693.0118**

Community Service Organizations

The Salvation Army

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

Services Provided:

- Social Service Office Assistance
- Disaster Services

Food Pantry

Holiday Assistance

• Red Kettle Campaign



1115 25th Avenue | Meridian, MS 39301 | **601.483.6156**



Multi-County Community Service Agency

MCCSA strives to serve as the legal entity whereby the community may organize itself and mobilize its resources to combat poverty and the related problems of the poor; including employment, education, housing, nutrition, emergency services, income management and economic development as a charitable organization.

Services Provided:

- Low income home energy assistance program (LHEAP)
- Community Service Block grant (CSBG)
- Weatherization (DOE)
- Meals on Wheels (MOW)
- Foster Grandparent Program (FGP)
- Community supplemental food program (CSFP)
- Frances W. Davidson Center for homelessness (FDCH)
- Emergency food and shelter (EF&S)
- Volunteer Income tax assistance (VITA)
- Federal Emergency Managements Agency (FEMA)
- The Riley Foundation
 - FWD Center for Homelessness
 - Summer Work Program

Contact Information:

Administrative Office Hours

Monday - Friday: 8:00 a.m. to 5:00 p.m. Phone: 601.483.4838 or 800.898.0659 Fax (administration): **601.486.4917** Fax (services): 601.482.9861 info@multicountycsa.org | multicountycsa.org

Care Lodge

Care Lodge provides services to residents of nine counties in east Mississippi and is the only certified domestic violence shelter in MS Highway Patrol District VI.

Services Provided:

- 24-Hour Crisis Line
- Victim Support Services
- Safety Planning
- Emergency Domestic Violence Shelter
- Domestic Abuse Protection Order Assistance
- Counseling
- Case Management

- Court Advocacy
- Information and Referrals
- Violence Intervention Program
- Transitional Housing Program for Victims
- Training and Speakers Bureau
- Teen Dating Violence Education
- Resources



Contact Information:

1627 23rd Avenue | P.O. Box 5331 | Meridian, MS 39301 601.693.HOPE (4673) | 601.482.8719 601.483.8436 | 601.483.8404

Wesley House Community Center, Inc.

Wesley House Community Center, Inc. is a non-profit organization that began in 1904 when Mrs. Elizabeth Cochran, Mrs. J.R. Whittaker and some ladies of the Central Methodist Church in Meridian, Mississippi felt a calling to "...minister to the least of these..." These Methodist women sought to bring families in a cotton-mill community on the Eastern boundary of Meridian, into the sphere of Christianity. Today, Wesley House is a National Missions Institute and is in a covenant relationship with the United Methodist Women. It is also a recognized mission of the Mississippi Conference of the United Methodist Church. Wesley House is an agency of The United Way of East Mississippi. Wesley House is also a member of the National Children's Alliance, Children's Advocacy Centers of Mississippi, and the Mississippi Coalition Against Sexual Assault. We provide a hand-up approach of assistance to our clients through four separate and distinct mission areas.

Services Provided:

- Bill Pay Assistance toward prescriptions, utilities, and housing
- Preschool
- Adult Education
- Child Advocacy Center
 - Forensic Interviews
 - Family and victim advocacy
 - Trauma counseling
 - Multidisciplinary Team Facilitation
 - Prevention and Education Programming
- 24/7 Sexual Assault Crisis Hotline: 601.482.2828



Contact Information:

520 8th Avenue | Meridian, MS 39301 | **601.485.4736** info@wesleyhousemeridian.org

Center for Pregnancy Choices

The CPC offers free, confidential services and support for women, couples, and loved ones who are facing an unexpected pregnancy. Each guest at the Center is treated with respect and empathy as they consider their goals, dreams and next steps. With the support of kind, caring staff, the people we serve can expect truth, love and connection to opportunities that will help them achieve their goals and choose a parenting

decision that aligns with their deepest values.

Services Provided:

- Pregnancy Tests
- Pregnancy Counseling
- Material Assistance
- Post Abortion Support
- Abstinence Training
- Adoption Referrals
- Community Assistance Referrals
- Parental Training
- Fatherhood Program
- Earn While You Learn



Contact Information:

2401 9th Street | Meridian, MS 39301 601.527.8829 | Text: 601.527.8829

Free or Low-cost Food

LOVE's Kitchen

Lauderdale Outreach and Volunteer Effort, Inc., known as LOVE's Kitchen, is a nonprofit, charitable organization created for feeding the hungry in Meridian and Lauderdale County, MS. Meals are served at no cost to those who are hungry, and no one is turned away as long as there is still food to serve.

Services Provided:

- Hot Meals
- Food Pantry



Contact Information:

801 18th Avenue S | Meridian, MS 39301 | 601.693.1409

Housing Assistance

Meridian Housing Authority

The Meridian Housing Authority was incorporated in 1939 and provides decent, safe and affordable housing opportunities to more than 3,000 residents in the City of Meridian, Mississippi. This agency currently administers 1215 public housing units, 215 Housing Choice Vouchers (Section 8) and manages 89 mixed income, privately managed apartments. The main office is located near downtown Meridian in the South Meridian community adjacent to the Mt. View Village Housing community.

Services Provided:

- Public Housing Program
- Assistant Housing Program



Contact Information:

2425 E Street | Meridian, MS 39302 601.693.4285 | meridianhousing.net



Meridian Community College does not discriminate on the basis of race, color, national origin, sex, disability, religion, or age in admission or access to, or treatment or employment in its programs and activities. Compliance with Section 504 is coordinated by The Office of Student Affairs, 910 Highway 19 North, Meridian, MS 39307. Email: 504Compliance@meridiancc.edu. Compliance with Title IX is coordinated by Mr. Derek Mosley, Social Science Instructor, 910 Highway 19 North, Meridian, MS 39307. Email: Derek.Mosley@meridiancc.edu.