

WILHELMINE TEW DAMON FITNESS CENTER 2020 SPRING WEIGHT TRAINING SCHEDULE

**MONDAY & WEDNESDAY (Building closes at 8:00 p.m.)
6:00 a.m.-7:45 p.m. Open Workout**

**TUESDAY & THURSDAY (Building closes at 8:45 p.m.)
7:30 a.m.-8:30 p.m. Open Workout**

**FRIDAY (Building closes at 6:45 p.m.)
6:00 a.m.-6:30 p.m. Open Workout**

**SATURDAY and SUNDAY (Subject to change)
Closed**

SCHEDULE MAY CHANGE DUE TO CLASS DEMANDS OR USAGE

910 Hwy 19 North, Meridian, MS 39307 (601) 484-8763 www.meridiancc.edu

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