

WILHELMINE TEW DAMON FITNESS CENTER 2019 SPRING POOL SCHEDULE

MONDAY & WEDNESDAY (Building closes at 8:00 p.m.)

6:00 - 8:00 a.m. Lap Swim
8:00 - 8:50 a.m. Leisure Swim
9:00 - 9:50 a.m. Water Aerobics –Smith
10:00- 10:50 a.m. Water Aerobics--Smith
11:00 - 11:50 a.m. Lap/Leisure
12:00 - 12:50 p.m. Lap Swim
1:00 - 1:50 p.m. Swim I-IV–Coleman
2:00 - 3:15 p.m. MCC Student, Faculty, and Staff Swim
3:30 - 5:30 p.m. Meridian Swim Team
5:30 - 7:00 p.m. Lap Swim

TUESDAY & THURSDAY (Building closes at 8:45 p.m.)

7:45 - 9:50 a.m. Leisure Swim
10:00 - 10:50 a.m. Water Aerobics--Neal
11:00 - 11:50 a.m. Water Aerobics –Neal
12:00 - 12:50 p.m. Lap Swim
1:00 - 1:50 p.m. Water Aerobics –Heggie– **Lifetime Quest Only**
2:00 - 4:15 p.m. MCC Student, Faculty, and Staff Swim
4:30 - 5:20 p.m. Water Aerobics – Gregg
5:30 - 6:20 p.m. Water Aerobics – Gregg
6:30 - 8:30 p.m. Meridian Swim Team

FRIDAY (Building closes at 6:45 p.m.)

6:00 - 8:00 a.m. Lap Swim
8:00 - 9:00 a.m. Leisure Swim
10:00 - 11:00 a.m. Pool Check
11:00 - 12:00 p.m. Lap/Leisure Swim
12:00 - 1:00 p.m. Lap Swim
1:00 - 3:15 p.m. MCC Student, Faculty, and Staff Swim
3:30 - 5:30 p.m. Meridian Swim Team
5:30 - 6:30 p.m. Lap/Leisure Swim

SATURDAY & SUNDAY CLOSED (Subject to change)

***SCHEDULE MAY BE ADJUSTED DUE TO CLASS DEMANDS OR USAGE**

910 Hwy 19 North, Meridian, MS 39307(601) 484-8763

www.meridiancc.edu

Meridian Community College does not discriminate on the basis of race, color, national origin, sex, disability, religion or age in admission or access to, or treatment or employment in its programs and activities. Compliance with Section 504 is coordinated by Mrs. Deanna Smith, Dean of Student Services, 910 Highway 19 North, Meridian, MS 39307. 601-484-8895, Fax: 601-484-8635, email: dsmith40@meridiancc.edu. Compliance with Title IX is coordinated by Mr. Derek Mosley, Social Science Instructor, Smith Hall, 910 Highway 19 North, Meridian, MS 39307. 601-553-3453, Fax: 601-484-8635, email: dmosley@meridiancc.edu.